



ABRAHAM TENT

JULY 2024

HELPING YOUNG ISRAELIS MOVE BEYOND GRIEF: A HEALING AND RESILIENCE PROGRAM FOR BEREAVED FRIENDS

The Abraham Tent Program is an innovative mental health initiative born from a collaboration between the Gvanim Association and the Abraham Group. It addresses the urgent needs of young Israelis grappling with the trauma and ongoing grief following the October 7th massacres.

The Program provides a series of trauma-informed healing and resilience workshops facilitated by Gvanim's professional staff at the Abraham Hostel in

Tel Aviv. Since its launch, the program has achieved remarkable success. Over 150 young adults have participated, reporting significant progress in processing their grief.

Inspired by these results and the program's potential, we aim to secure additional support to expand the program. This will empower more young Israelis to participate, helping the "invisible generation" move beyond their grief and rebuild their lives.

Abraham



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ABRAHAM TENT PROGRAM: EXPANDING OUR REACH AND IMPACTING LIVES

Since launching the program in February 2024, we've conducted a series of immersive, pilot workshops and completed a rigorous assessment process. The professional process was led by from Dr. Basmat Bar Nadav, a leading organizational psychologist, and Dr. Erna Shemer, a renowned social work expert from the Hebrew University and member of our Steering Committee.

Building on the success of our pilot programs, we delivered 10 full seminars, reaching 150 participants. With 14 additional seminars planned for the summer, we remain committed to meeting the growing need for support during the ongoing conflict.

NEW GRANT AWARDED TO SUPPORT SOUTHERN ISRAELI YOUTH AND NOVA FESTIVAL SURVIVORS

We are pleased to announce a new grant from a joint fund supported by leading Israeli organizations at the amount of NIS 1,120,000, including Bituach Leumi (through the Fund for Children and Youth at Risk), the Yated program of the Ministry of Labor and Social Services, Social Security, and Joint Ashalim. This generous grant will allow us to directly assist young people from the south of Israel and survivors of the Nova Festival.

THE ABRAHAM TENT PROGRAM IS PROUDLY SUPPORTED BY THE FOLLOWING ORGANIZATIONS



קון אדמונד דה רוטשילד

FORGING NEW PARTNERSHIPS

The Abraham Tent Program is currently expanding its collaborations with additional Israeli organizations to broaden our offerings and respond to evolving needs.



The Abraham Tent Program is proud to partner with the **Tribe of Nova Foundation** to address a critical need for bereaved siblings. Through a dedicated seminar hosted collaboratively, we will provide them with much-needed support. Additionally, survivors from the Nova Festival will benefit from specialized training and guidance offered by our program, empowering them to better support their fellow survivors.



Collaboration with elite IDF units like **Maglan** and **Shaldag** revealed a critical gap in support services for "combat supporters"—soldiers who provide vital backup in combat zones. The Abraham Tent Program is specifically designed to address these unmet needs.



The Gandyr Foundation provided a vital grant enabling Gvanim Association employees, particularly those in the south (roughly half our workforce), to directly benefit from Abraham Tent Program workshops. This grant supports their rehabilitation process. This initiative serves as a pilot for workplace workshops, addressing a critical gap in support for reservists and employees returning to work after losing loved ones. These workshops aim to help them navigate the challenges of resuming their routines.

LOOKING AHEAD

The Abraham Tent Program has emerged as a critical initiative to safeguard Israel's young adults from lasting emotional and psychological trauma. We address the urgency of their needs by providing a haven of healing, resilience, and peer support.

Our mission is to expand nationally and ensure every young Israeli receives the support and companionship they deserve.

We invite you to partner with the Abraham Tent Program and empower even more young Israelis to heal and rebuild their lives. Thank you for your kind consideration of this request.

GRIEVING TOGETHER

IN MEMORY OF NIRAL ZINI (Z"l) AND NIV RAVIV (Z"l)

"As someone who isn't good at expressing emotions, it was a good place for me to search for and uncover emotions in everything."

"Anyone who simply wanted to vent without any resistance found themselves pouring out thoughts that I don't think would have surfaced in any other setting."

On June 4-6, 2024, The Abraham Tent Program held a special seminar for the friends of Niv Raviv and Niral Zini, who were murdered on October 7th in Kfar Aza. The couple was about to become engaged; Niral had already purchased a ring and was awaiting the perfect moment to propose. Tragically, they were murdered by Hamas terrorists in their home and laid to rest together.

Niral's friends from his hometown of Tlamim and Niv's friends, including those from home, the army, and school, gathered for an Abraham Tent workshop. These two groups, who had not seen each other since October 7th, came together for the first time during the workshop which was centered around their lost loved ones. A warm bond formed between them. They imagined a world where Niv and Niral could have celebrated their wedding, and during the Shabbat meal, they raised a toast in their memory.

The participants underwent a deeply significant experience. They shared that they had not yet had the chance to process the intense emotions they had been through. Thanks to the workshop, they began to touch upon and process their grief and loss.





SURVEY RESULTS

How much would you like to attend another meeting?



100%

How much would you recommend others to participate?



62.5%



37.5%

For more information visit [Abraham Tent Website](#)

Or contact abtent@gvanim.org.il